

eSafety health check

Treat your password like your toothbrush—don't share it with anyone and change it regularly.





Revisit your privacy settings to protect your personal information.



Don't act in the heat of the moment—stay calm and chill.



What you post online stays online—think about your digital reputation.

OMG!

Nude pics can spread quicker than a virus—reconsider the types of pics you send.

When cyberbullying gets you down, report it:
esafety.gov.au/reportcyberbullying



***explore safely**