

Support Services for Children & Young People



kidshelp
line
Anytime Any Reason

Kids Helpline offer 24 hour a day phone & online counselling service for young people aged 5 to 25.

Phone: 1800 55 1800
Website & Online Chat:
www.kidshelp.com.au



Youth Beyond Blue supports children & young people with mental health concerns or questions.

Phone: 1300 22 4636
Website & Online Chat:
www.youthbeyondblue.com



Lifeline offers crisis support 24 hours a day for anyone who is worried, angry, upset or stressed about something.

Phone: 13 11 14
Website & Online Chat:
www.lifeline.org.au