



Themes Available for School and Parish Ministry

Apart from our six retreat day themes, our teams are able to work with you to create programs for ministry events such as youth group and RE classes that fit your preferred theme, drawing on the wisdom of staff and supervisors to adapt our material for you. To get you started, there are some themes ready to go and able to be used immediately. The themes are:

Follow His Footsteps – Who is Jesus? (Primary)

Who is Jesus? And who could Jesus be in my life? This theme gives young people the opportunity to learn more about the person of Jesus – what he said and what he did – and explore who Jesus can be in their lives. During the event they will hear about how other young people have encountered Jesus and continue to follow Jesus' footsteps in their lives.

Look Again - Encountering Jesus

Jesus is a well-known name, yet the person of Jesus and His relevance to us today is not as widely understood. This theme creates a space where young people can look again at the person of Jesus, who He is and what message He brings, and consider the possibility of Jesus having relevance to their lives today. During the event they will hear how other young people have encountered Jesus in ways beyond their expectation and be offered an opportunity to encounter Jesus themselves.

You Do You – Influence

Do I sometimes feel influenced to do things I don't want to do? Am I a follower or a leader? In this culture which glorifies "you do you", do I really feel free to do what I think is right even if it means going against my friends? How do I remain anchored & living from my values even when those around me are doing something different? All of these questions and more will be covered in our Influence theme, "You Do You!"

As You Find Me – Self-Image Co-ed

Dealing with issues of self-worth, personal confidence and acceptance is common among young people. The Self-Image theme, designed for co-educational schools, helps young people to come to a greater awareness of their goodness and uniqueness as God's sons and daughters.

Anchored – Male Self-Image

What influences the way I see myself? Am I accepting of who I am? We live in a society that has put a lot of pressure on us as to how we should act and who we should be like as men. In this Male Self Image theme students will explore some of the "voices" that are telling us what we have to do to "be a man". Over the course of the event young men will think about how they can grow to love and accept themselves for who they are. They will be invited to see themselves the way that God sees them, and live their lives anchored in that newfound perspective.



Brave – Female Self-Image

What do I think about myself and how does that influence my choices? This Self-Image theme, specifically designed for young women, celebrates womanhood and encourages young women to be brave as they reflect on their identity as a woman and what has influenced that attitude.

Rewired - Authentic Relationships

In a time where connection is right at our fingertips, what does it mean to have authentic relationships and thus experience belonging? This theme looks at how the prevalence of technology has affected our ability to connect with the people around us and the importance and value of building authentic relationships in real life. This theme invites young people to be intentional about making time to look up from their screens and truly see others and let themselves truly be seen.

Live Your Life on Purpose - Search for Meaning

What is the real purpose and meaning of life? What's really important to me? Where does God fit into my life and my future? The Search for Meaning theme, specifically for senior students, invites young people to make their faith the key component in answering life's biggest questions as they learn to live their life on purpose!